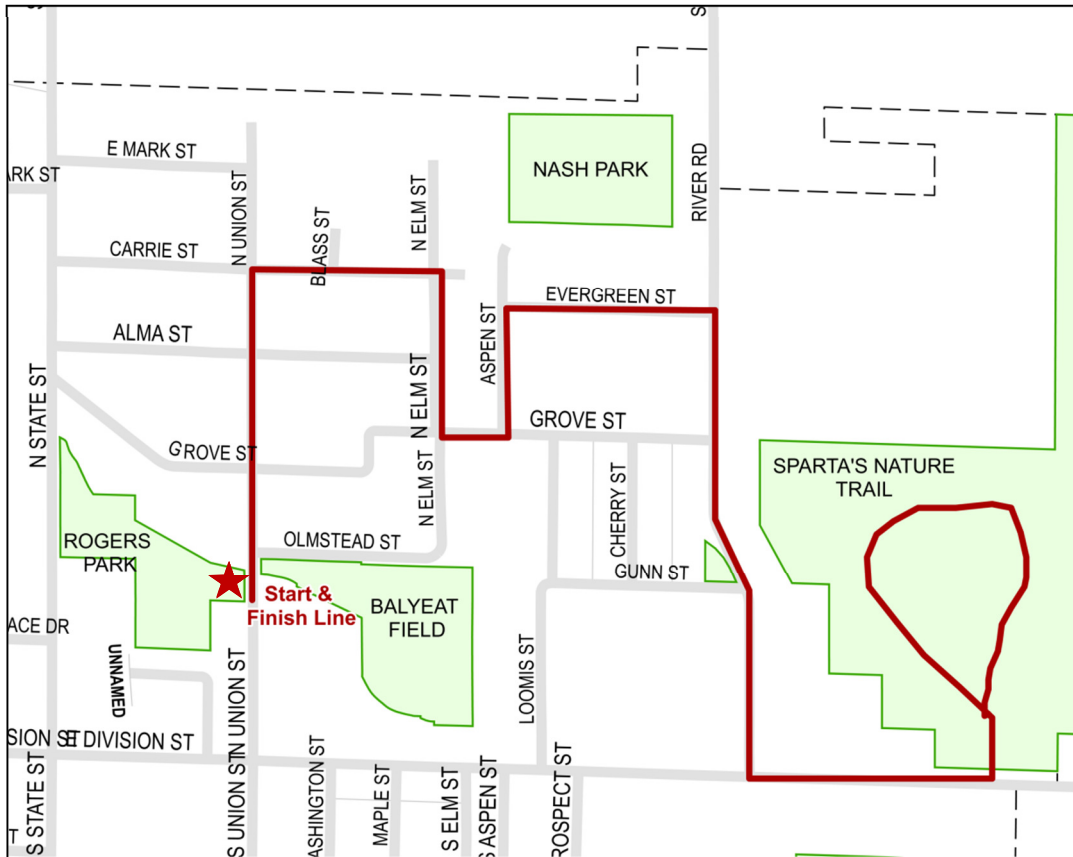


1ST ANNUAL SPARTA TURKEY TROT 5K WALK/RUN

Join us for the 5K Fun Walk/Run through the streets of Sparta & 100 acres of nature trail! Registration starts at 8 am at Sparta Civic Center (75 N. Union St., Sparta). Cost: \$10. Participants receive a t-shirt. Cross country timing. All proceeds will benefit the Sparta Rugby Club. Registration form on-line at www.theclubfitness.net or mail/drop-off at The Club Fitness & Tanning. Details call (616) 887-1116. Apple pies to the first 3 females/ 3 males to cross the finish line!



Thursday, Nov. 24
Sparta Turkey Trot
 Registration: 8:00 am
 9:00 am Start time
 Sparta Civic Center
 75 N. Union
 Sparta, MI 49345
 Cost: \$10
 Refreshments for participants immediately following the event

Legal waiver & signature: I hereby certify that I have carefully read, understand, and agree to the Entry Form and will be legally bound by this release (waiver). I certify that I have entered this race of my own free will. I am in a physical condition that allows me to enter this event. In consideration of the acceptance of my entry, I do, for myself, my heirs, administrators and executor waive and release, forever, any and all rights to claims and suits for damages I might accrue against Run Thru Sparta, its representatives, sponsors, volunteers &/or beneficiaries, for any and all injuries suffered by me while traveling to, from, and while participating in the race event. Further, I certify that I am covered by my own medical insurance or, failing that, accept full responsibility for any and expenses I may incur. My photograph, likeness, or video may be used for any legal purpose by race organizers. I have read this waiver and agree to its terms.

Mail in Registration forms with check payable to Sparta Rugby Club • 258 S. State St. Sparta, MI 49345.

Name: _____

Address: _____

Email: _____

Phone: _____